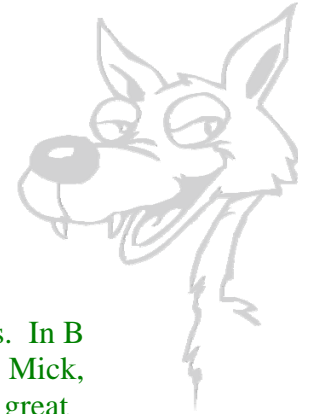


THE COYOTE EXPRESS

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Newsletter #3 – 22 June 2009



RACING NEWS & REVIEWS

Results

Nundah 20 June – There were quite a few guys racing in both A and B grades. In B grade we had Josh, Scotty, Paulie and Chris whilst in A grade we had Robbo, Mick, Rob, Charlesy and Dave. Josh got away in a group of 4 in B grade and had a great race to finish in 2nd place. Josh has a pretty impressive engine and that was probably his last B grade race until he turns 50 in 27 years time.

A grade was a pretty solid race in the wind and the standout performance was Rob who guts it out with Robbo to hang with the remains of the bunch to the end. The performance of Chris Williams from the Merida team was something to admire. To see a guy almost lap the entire A grade field twice (and B grade about 6 times) was outstanding. They are almost going to have to create an entire new category for him – probably called the Pro Tour...

Kits

The kits have now arrived. It was pretty disappointing not to have got them on Friday night but was a matter out of our control.

In any event they're now here and they look pretty good. You can pick collect them at any time from either the CBD during office hours (7am to 6pm – 5/232 Adelaide Street) or after 7pm from 15 Binowee Street Aspley. Alternatively, Charlesy will take them out to the mtb race at Kurwongbah on Saturday if anybody wants to collect theirs on the way to Elimbah. Feel free to have anyone else collect your's for you if you want to.

Training Sessions

To assist with the next two weeks' training sessions Dave (now known as "Spinervals Dave") is doing up CD's with the sessions on them where he calls out when each section starts and finishes. He's done the sessions to Music so we're hoping his taste in music is okay.

At the moment with the computrainer sessions on the Tuesday we have the following people booked in for the time trial :

5am – nobody
4.10pm – Robbo and Mick
5.55 pm –Dave, Jo and Gary
7.20pm – Charlesy and Chris Locke.

That means there are 3 5am spots, one at 4.10pm and one at 7.20pm. Send Charlesy a text on 0403 015 717 if you want one of the spots. First in first served. Alternatively, because this is our first 40km TT and therefore pretty important, if anybody wants to do their session on Wednesday at either 5am, 6pm or 7.30pm then there will be three spots available at each of those times.

Next Weekend

Next weekend will see teammates racing in the kits at the following races :

Murrarie, Elimbah and the Insomnia MTB race. If you intend to do any of these races could you send Charlesy an email so he can send around another email later in the week letting people know who will be supporting them. There will be a tarp up at the MTB race from around 11.30am on Saturday until 12pm Sunday if you want to stop in for a drink/chat.



<http://www.coyote-racing.com/>

Where no one gets left behind....