

# THE COYOTE EXPRESS

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Newsletter #19 – 4 October 2009

### RACING NEWS & REVIEWS

#### Lakeside A Grade

Most of the Merida team were down racing in the Tour of Tasmania so we weren't sure what sort of field would turn up to the first race at Lakeside for quite a while. Tim was absent this week due to the fact that he was lining up in his Golf Club Champs.

It was 33 degrees and a pretty good field of about 30 lined up including quite a few guys from Data 3. We had Aaron, Robbo, Mick, Brett, Stephen, Richard and myself. From the start it was a series of breakaways and then slow periods. Richard got away in a break of about 7 riders at one stage but they were roped back in. They didn't call the Prime until after the 50min mark and Dave and I got dumped on the hill on that lap. The other guys all held on with the bunch until the end with Richard finishing in 5<sup>th</sup>.

#### Lakeside B Grade

It was Andrew's first race with Coyote and because he's been a bit sick he lined up in B grade. With him were John, Kyle, Rob, Frankie and Michael. I managed to see the finish from the far side of the track but have no idea who won (no coyotes unfortunately).

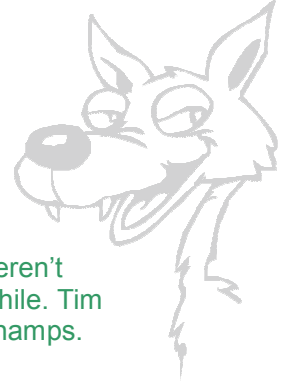
#### Lakeside C Grade

The Boulters flew the flag for us in C grade and Sharon just missed finishing 3<sup>rd</sup> getting beaten by a few inches in the sprint. She still picked up cash for being the first female rider. Great effort Shaz.

#### Gold Coast Half Ironman

Some good times on a hot windy day. Grant was the fastest in a time of 4hr 31 which netted him 3<sup>rd</sup> place in the 35yr age group. Shannon also had a great race and finished 8<sup>th</sup> in her age group in a good time of 5hr 15. No news yet as to how Cam went in Malaysia.

Grant 4hr 31  
Warren 5hr 00  
Shannon 5hr 15  
Dougie 5hr 22  
Keith 5hr 30  
Vanessa 5hr 39  
Scotty 5hr 48



Next weekend there is no HPRW racing so Murrarie B grade at 7.40 is about the only racing option.

Dave and I are starting our endurance training phase this week. We are going to be doing very easy river rides each morning from Monday to Thursday – we'll be leaving Breakfast creek around 5.30 for anyone who is interested.

No organised Sunday ride next week as I'll be doing a 3 day charity ride with Angelo and a few other guys will be doing the Gold Coast ride.

Good luck also to Frankie for the weekend after as he takes on the Bay in Melbourne.

### **Masters A Team**

We are entering a 10 rider team in the open races next year. The team will be Tim, Richard, Warren, Robbo, Dave, Aaron, Brett, Stephen, Frankie and myself.

We are organising to submit a new kit design to the HPRW committee for approval which will add the HPRW logo to the current kit design.

### **New Member**

We have added what will probably be our last new member for the year (seeing as I've now run out of kits). Jason Smith is our newest (and youngest) rider. Jason has been a HPRW member for quite a few years and was riding with the Merida elite team until recently. Jason is a good bloke and a good rider in a breakaway. He's been having a bit of time off the bike in the last month so hopefully joining us will get him back in the groove again.

Behave...

Charley



<http://www.coyote-racing.com/>

